

MOST NEEDED ITEMS



Canned Protein

(canned meat, peanut butter, tuna, plain and baked beans)



Hearty Canned Foods

(soup, stew, chili, canned pasta)



Canned Fruits and Veggies

(canned fruits, canned vegetables, tomato sauce)



School Snacks

(granola bars, crackers, fruit snacks)



Grains

(rice, dry pasta, cereal, oatmeal)



Thank you for your support!

To see the impact of
your donation, visit
ftnd.ca or scan the
QR Code! 

